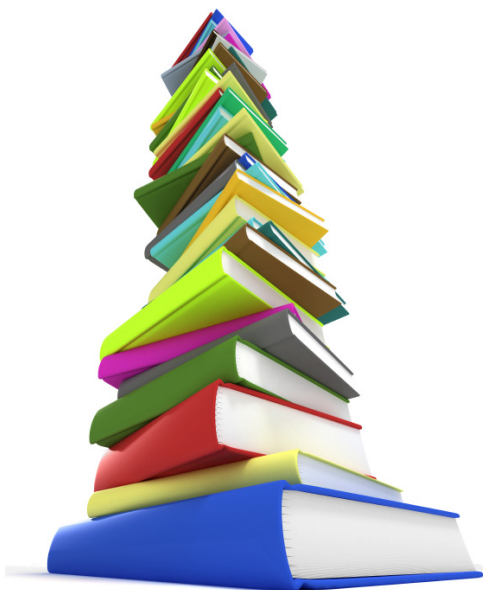


# Carole Samuda

## Cognitive Hypnotherapist & Life Coach



**We all learn differently, but often we are taught in the same way. Have you ever wondered why some people just don't 'get' education? Could it be to do with the fact that they are not taught in a way that makes it easy for them to learn and recall information? Do you know someone who can learn certain things, for example some form of sport, but cannot apply the same techniques to academic learning? Would you or someone you know benefit from learning strategies that will make the recall of information easier? Or perhaps it is exam nerves that causes a problem. For help, contact Carole.**

**Carole Samuda**

HPD, DipCHyp, NLP Prac, MNCH (Lic)

**[www.carolesamuda.co.uk](http://www.carolesamuda.co.uk)**



**Break the chains that hold you back**

Telephone : 01420 543365 or 0784 718 7046

Email: [carole@carolesamuda.co.uk](mailto:carole@carolesamuda.co.uk)